



PARENT APPROVAL FIELD TRIP FORM

F 260-3

The information on this form is collected pursuant to the FOIP Act, Sections 33(c), 39 1(b) & 40 1(c) to be used to organize and coordinate a school field trip.

SCHOOL INFORMATION: School Name: J. A Williams High School
Staff Member/Supervisor in Charge of Trip: Merle Patenaude

FIELD TRIP INFORMATION:

TRIP DESTINATION: Headstrong Summit at Portage College

TRIP DATE(S): November 14, 2019

CLASS(ES) or GRADE(S) INVOLVED: All Grade 8/9 Students-Lac La Biche Region

PURPOSE OF TRIP: Supporting Mental Health of our Students

CHARGES TO STUDENT: No Charge

RISK DETAILS: Students will be bussed to Portage College, but apart from this there are no specific physical risks. The speakers will be focusing on mental health topics and there is a risk that students will be emotionally upset by the topic. We will have counsellors in place to support students that need supports.

For more information about headstrong summits please visit:

<http://www.mentalhealthcommission.ca/English/resources/training/headstrong>

SUPERVISION DETAILS:

Number of Supervisors to be taken on trip: Five Student services staff, one EA and one

Contact Number for Supervisors: (780) 404-7140

TRANSPORTATION DETAILS:

Method of Transport: Walking: _____ **OR**

Contracted Service: _____ Company Name: _____

Leased Vehicle _____ School Owned Vehicle: Private Vehicle: Driver(s) _____

Route Details: JA Williams High School to Portage College

Departure/Return Times: Depart JAWs at 9:00 AM and return to JAWs at 1:30 PM

PARENT APPROVAL for:

STUDENT NAME: _____

NOTE: Parents must have ultimate authority in approving whether or not their child (if under the age of 18 years old) goes on the trip.

_____ I approve of my son's/daughter's attendance on this field trip and the planning regarding this trip.

_____ I am prepared to volunteer for this trip as a supervisor.

_____ Telephone Number where I can be reached on the day of the trip.

Information about my child that field trip personnel need to know for this excursion:
(Medical or other) _____

DATE _____ 20 _____

Parent Signature: _____

If you have any questions about the collection, use or disclosure of information collected on this form, please contact your School's FOIP Coordinator or the NLSD FOIP Coordinator at 6005-50 Avenue, Bonnyville Alberta, T9N 2L4. The phone number is (780) 826-3145 and fax is (780) 826-4600.

Headstrong Summit Lac La Biche

The keynote speaker for the Headstrong Summit is Drezus (Jeremiah Manitopyes), an indigenous rapper and activist based out of Winnipeg, Manitoba.

Students will have the opportunity to attend one break out session with one of seven speakers. Please review the following list of speakers and then write your top three choices in the spaces besides the name. If you do not provide your choices you will be assigned to a speaker.

Please discuss this list with your parents and identify the top 3 sessions you are interested in attending.

1) Chantel Sparklingeyes _____

Topic: Overcoming trauma and taking care of your mental health

2) Bestt Peterson _____

Topic: Raising your Identity & achieving your true potential

3) Alicia Cardinal _____

Topic: Overcoming Loss

4) Emilie Burns _____

Topic: Anxiety and Depression from early childhood

5) Shelly Thody _____

Topic: Mrs. Thody will be sharing about her mental health journey

6) Mental Health Commission speaker to be determined _____

Topic: Lived Experienced speaker sharing their story of their mental health journey

7) Mental Health Commissionspeaker to be determined _____

Topic: Lived Experienced speaker sharing their story of their mental health journey

Lunch and snacks will be provided throughout the day (huge thank you to CNRL for donating burgers for our lunch)

Support Space will be available – Staff from successful families, successful kids will be there with their comfort kits full of calming activities for any students who need to debrief or need emotional support throughout the day. Self-directed activities are also available in this quiet space.



MÉTIS WEEK

November 10-16, 2019



CNOOC



TC Energy



cenovus ENERGY



Sign up for Youth Talent Show by calling MNA Region 1 office!

Each year, on November 16, Métis people across Canada pay tribute to the Right Honourable Louis Riel by holding a commemorative ceremony on the date of his execution. This ceremony symbolizes the commitment Métis people share in striving for and promoting the visions of Louis Riel and is one of the most important dates on the Métis calendar.

The week surrounding November 16 is "Métis Week," a week devoted to commemorating the sacrifices of the Métis who continue to strive toward rights and recognition as a distinct nation.

Community Partners:

- Northern Lights School Division
- Hope Haven
- Lakeland Center for FASD
- Lac La Biche Museum

* All Events Are Free & Open to the Public*

TUESDAY 12				WEDNESDAY 13				THURSDAY 14				FRIDAY 15				SATURDAY 16			
10:30am OFFICIAL KICKOFF Location: Portage College				10am - 2pm OLD TIME KITCHEN PARTY Location: Portage College Hub				9am - 3pm MENTAL HEALTH HEADSTRONG SUMMIT (GR.8/9) Location: Portage College Gymnasium				10am - 2pm CLOSING JIG OFF Location: Portage College Hub/Cafeteria							
12:30pm KAMAL DHILLON PRESENTATION ON DOMESTIC VIOLENCE Location: Portage College Theater																1pm - 4pm FIDDLING JAMBOREE Location: Portage College Gymnasium			
Metis Market (Portage College)																			
4pm - 7pm CREE CAFE Location: Portage College Hub/Gymnasium				4pm - 6pm BANNOCK MAKING WITH MOOSUM Location: MNA Region 1 Office				10:30am MÉTIS 101 Location: Portage College Hub/Cafeteria				5:30pm - Midnight SUPPER, YOUTH TALENT SHOW, SINGING JAMBOREE Location: Portage College Gymnasium							
				6:30pm - 8:30pm MÉTIS ROOTS PANEL Location: Portage College Theater															